



















































Swimming

| 22/06/2010 Begin of events 10.00 am | Presentation of the heats | | | |
|--|---------------------------|---|---|---|
| 10.10 am | 400 freestyle | M |  | W  |
| 10.40 am | 200 breaststroke | M |  | W  |
| 10.55 am | 100 backstroke | M |  | W  |
| 11.05 am | 200 butterfly | M |  | W  |
| 11.25 am | 100 freestyle | M |  | W  |
| 11.35 am | 4 x 100 | M |  | W  |
| | | | | |
| | | | | |
| 04.10 pm | 400 freestyle | M |  | W  |
| 04.20 pm | 200 breaststroke | M |  | W  |
| | | | | |
| 04.40 pm | 100 backstroke | M |  | W  |
| 04.45 pm | 200 butterfly | M |  | W  |
| | | | | |
| 05.10 pm | 100 freestyle | M |  | W  |
| | | | | |
| 05.30 pm | 4 x 100 freestyle | M |  | W  |
| | | | | |

| 23/06/2010 Begin of events 10.00 am | Presentation of the heats | | | |
|--|------------------------------------|---|---|---|
| 10.10 am | 200 freestyle | M |  | W  |
| 10.25 am | 100 breaststroke | M |  | W  |
| 10.40 am | 200 backstroke | M |  | W  |
| 11.55 am | 100 butterfly | M |  | W  |
| 12.05 am | 200 medley | M |  | W  |
| 12.20 am | 4 x 100 medley | M |  | W  |
| 12.45 am | Close of morning races | | | |
| 04.00 pm | Presentation of final races | | | |
| 04.10 pm | 200 freestyle | M |  | W  |
| 04.20 pm | 100 breaststroke | M |  | W  |
| 04.30 pm | Awards ceremony | | | |
| 04.40 pm | 200 backstroke | M |  | W  |
| 04.50 pm | 100 butterfly | M |  | W  |
| 05.00 pm | Awards ceremony | | | |
| 05.10 pm | 200 medley | M |  | W  |
| 05.20 pm | Awards ceremony | | | |
| 05.30 pm | 4 x 100 medley | M |  | W  |
| 05.45 pm | Awards ceremony | | | |